

Vision Hero - Resources

Retinal Pigment Epithelium

<https://pubmed.ncbi.nlm.nih.gov/35835183/>

https://journals.physiology.org/doi/full/10.1152/physrev.00021.2004?rfr_dat=cr_pub++0pubmed&url_ver=Z39.88-2003&rfr_id=ori%3Arid%3Acrossref.org#

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8614766/>

Chemicals / Toxins

<https://bjo.bmj.com/content/106/5/705>

<https://www.smh.com.au/national/vegetable-oils-linked-to-blindness-20040610-gdj3ic.html>

<https://www.acpjournals.org/doi/10.7326/I19-0361>

<https://www.science.org/content/article/gut-microbes-linked-eye-disease>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6836525/>

Phytochemicals

<https://pubmed.ncbi.nlm.nih.gov/25636674/>

<https://academic.oup.com/nutritionreviews/article/66/8/465/1833110>

ALA (Thioctic Acid)

<https://www.mdpi.com/2076-3921/10/11/1743/htm>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6694045/>

https://www.jstage.jst.go.jp/article/tjem/240/3/240_209/_article

<https://pubmed.ncbi.nlm.nih.gov/22678104/>

<https://pubmed.ncbi.nlm.nih.gov/27840374/>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3673940/>

<https://pubmed.ncbi.nlm.nih.gov/8604540/>

<https://pubmed.ncbi.nlm.nih.gov/10499773/>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3230862/>

Marigold Flower Extract (Lutein) /

Zeaxanthin

<https://pubmed.ncbi.nlm.nih.gov/34157098/>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5745510/>

<https://pubmed.ncbi.nlm.nih.gov/18296924/>

<https://www.sciencedirect.com/science/article/abs/pii/S1529183904700494>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8389280/>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9011220/>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3244479/>

<https://www.sciencedirect.com/science/article/abs/pii/S0003986106003511?via%3Dihub>

<https://www.sciencedirect.com/science/article/abs/pii/S0161642012005453>

<https://ods.od.nih.gov/factsheets/VitaminE-HealthProfessional/>

<https://www.sciencedirect.com/science/article/pii/S0042698909004787>

<https://academic.oup.com/cdn/article/3/7/nzz066/5511268>

<https://www.sciencedirect.com/science/article/pii/S0014483506004829>

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Sophoretin (Quercetin)

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8301007>

<https://www.sciencedirect.com/science/article/pii/S075333222100156>

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Other ingredients:

<https://www.tandfonline.com/doi/abs/10.1080/10284150290018991>

<https://pubmed.ncbi.nlm.nih.gov/12921892/>

<https://pubmed.ncbi.nlm.nih.gov/33114699/>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4115993/>

<https://pubmed.ncbi.nlm.nih.gov/33536714/>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3429325/>

<https://pubmed.ncbi.nlm.nih.gov/16160595/>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3025097/>

<https://ods.od.nih.gov/factsheets/Zinc-HealthProfessional/>

<https://www.mdpi.com/2076-3921/8/4/85/htm>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4372466/>

<https://www.nei.nih.gov/research/clinical-trials/age-related-eye-diseases-studies-aredsareds2>